

# SEMINARS



# TOP 20 TEACHER TRAINING

## A PERSONAL & PROFESSIONAL DEVELOPMENT PROGRAM

### TRAINING DATES

**St. Paul, MN**

**June 16-18, 2010**

**August 16-18, 2010**

**Time: 9:00am-4:00pm**

**Cretin-Derham Hall High School  
550 South Albert Street  
St. Paul, MN 55105**

**Cost: \$395 for first two registrants from same school/organization; \$100 for each additional registrant.**

### TOP 20 also offers COACHES TRAINING

Please contact us for more information or to sign up for our next session on July 29-30, 2010.

### TESTIMONIALS

*"In sixth grade I stopped believing in myself. I thought I was stupid. It felt like I was just falling deeper and deeper and my academics were just going downhill. Once TOP 20 came into my life, I realized that I am good enough."*

—Gunnar, student

*"A real key to success in life is how young people look at themselves, others and the world around them. The TOP 20 principles provide this opportunity for every single student. They truly raise the probability for success for a young person."*

—Richard Engler, principal

# TOP 20 TRAINING

Transforming American Education

### WHAT IS TOP 20 TRAINING?



Top 20 Training provides a one-of-a-kind emotional intelligence program that awakens in students and adults their power to develop their potential and the potential of others.

By becoming aware of easily understood and readily applicable concepts, people of all ages are able to make choices that make a positive difference in their lives, relationships and experiences.

### WHAT YOU WILL EXPERIENCE

When you attend a Top 20 Training you will experience a dedicated, high-energy team of professional educators engaging you in "wow" insights and providing practical tools for making a difference.



Paul Bernabei, Tom Cody and Willow Sweeney have combined over 75 years of teaching, counseling and coaching. They've worked with schools, businesses, churches & organizations throughout the U.S.

Over 35,000 teachers across the United States have attended a Top 20 Training. Of those surveyed, 99% said it had value for them personally, professionally and for their students.

### TOP 20 TOPICS



- Responding more productively when we are not getting what we want to be getting
- Becoming aware of our thinking and how it governs our experience
- Reducing negativity and self-limiting beliefs: blame, boredom, procrastination, and "I'm stupid"
- Listening and resolving conflict more effectively
- Breaking out of our comfort zone and learning from mistakes
- Developing curiosity, self-discipline, confidence, and motivation
- Discovering relevancy in school when there doesn't appear to be any
- Creating a Top 20 Culture where people are safe and potential explodes

### HOW TO REGISTER

- Register & pay online by visiting our online store at [www.top20training.com](http://www.top20training.com)
- Email [info@top20training.com](mailto:info@top20training.com) with your name, school and phone number and send a check payable to Top 20 Training for the total amount to:  
Top 20 Training, 1873 Stanford Avenue, St. Paul, MN 55105

**For more information about Top 20 Books, Manuals and Seminars, go to [www.top20training.com](http://www.top20training.com). To ask about training at your school, call us at 651-690-5758.**